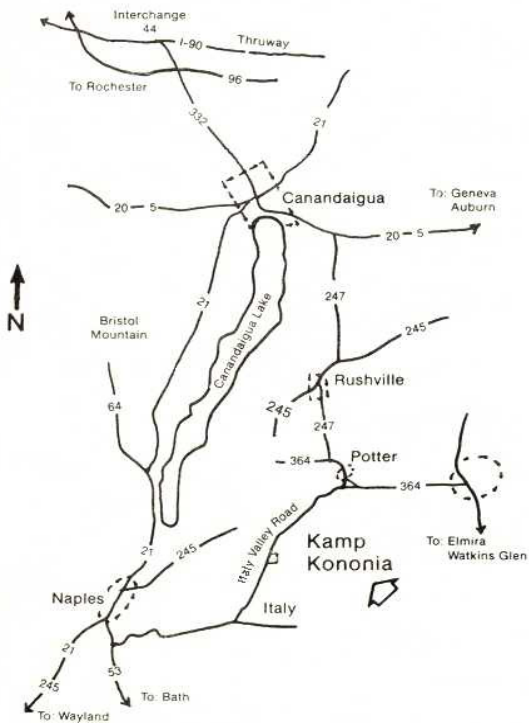


Camp Koinonia

Camp Koinonia is nestled in Italy Valley, the heart of the Finger Lakes region of Upstate New York. It is a place of exceptional beauty and natural ruggedness. Every direction offers a breathtaking view of God's handiwork. The rolling hills surrounding the valley create complete privacy from the outside world.

The camp is equipped with a swimming pool, general store, craft lodge, dining hall, chapel, many cabins, campsites and beautiful hiking trails. Camp Koinonia is perfect for a week of reflection on some of God's greatest creations –nature and family!!



ST. BENEDICT WORK CAMP



2010 Dates:
Session I July 4-7
Session II July 7-10

Camp Koinonia
Italy Valley, NY

www.campkoinoniany.org

2010 REGISTRATION FORM

Session I () Session II ()

Name _____ M or F

Address _____

Home phone _____

Cell phone _____

e-mail _____

Grade in Sept. 2010 _____

PLEASE REGISTER BY:

March 30, 2010

COSTS:

\$195/session - or - \$295/both

Payment Schedule:

\$50 deposit.....March 30, 2010

balance.....June 25, 2010

Please make checks payable to:

Camp Koinonia

Send payment and registration to:

Andy Cohen

5 South Lyons Ave.

Menands, NY 12204

For more information contact:

Andy Cohen

518-434-2009

andy_c12204@yahoo.com

WHAT IS ST. BENEDICT WORKCAMP?

St. Benedict Work Camp is a 4 day retreat experience that focuses on the Gospel call of service. Participants will have the opportunity to live out this mandate by upgrading and maintaining the buildings and grounds at Camp Koinonia.

WHAT IS CAMP KOINONIA?

Camp Koinonia is a not-for-profit Christian summer camp facility in the Finger Lakes Region of New York State that serves the needs of many people including:

- Catholic Christian Family Camp Retreat
 - Creation Camp sponsored by the Episcopal Diocese of Rochester
- Future Now Leadership Training – sponsored by the Rochester Diocesan Office of Youth Ministry
- Contemplative Prayer Retreat
-

WHAT HAPPENS AT ST. BENEDICT WORKCAMP?

Participants will be involved in a variety of group activities that will include prayer, learning carpentry skills, Mass, free time, and rehabilitation work.

WHAT KIND OF WORK?

Group service:

- Kitchen duty

Annual property maintenance:

- Scraping and painting
- Brush clearing
- Sweeping, vacuuming, cleaning
- Small carpentry repair

New projects:

- Installing vinyl siding
- Installing new doors and windows

WHAT KIND OF PRAYER?

All work is done in the tradition of St. Benedict – “to work is to pray”. Benedictine communities believe that everyone’s work is of equal value and is sacred.